



LEGAL & IDENTITY THEFT SUPPORT

We can help you with that.

Legal and identity theft support are just two of the many ways your employer helps you manage life's many challenges. Whether you need help finding a lawyer or you've become a victim of identity theft, we're here to listen and connect you with the experts and information you need. And it's all available to you at no cost through your Cigna Employee Assistance Program (EAP).

Legal support

For support with legal issues, you can receive a referral to a licensed attorney for a free 30-minute consultation, over the phone or face-to-face.

You can also take advantage of:

- ▶ 25% discount on most legal services
- ▶ Extended legal support for other members of your household

Note: Employment-related legal issues are not covered. Referrals and discounts are available with participating attorneys only.

Identity theft support

To help recover from identify theft and learn how to better protect yourself in the future, take advantage of a 60-minute consultation with a fraud resolution specialist.

The specialist can help with:

- ▶ Who to notify and how
- ▶ Forms or letters to help you report and itemize fraudulent activity

- ▶ How to dispute fraudulent debts
- ▶ Obtaining and monitoring your credit report every four months
- ▶ Placing a fraud alert or credit freeze (if allowed by state law) on your credit file
- ▶ Taking future preventive actions



**We're here to listen.
Contact us any day, anytime.**

Call 1.877.622.4327

Or log in to myCigna.com.

Employer ID: cityofcarson

Initially Register or log in to myCigna.com to access EAP under "Review my Coverage"

Together, all the way.®



Some work/life services offered under the Cigna Employee Assistance Program may be provided by a Cigna contracted third-party vendor.

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